

PROSTHETICS INSTRUCTIONS

Your new partial is a prosthetic appliance. With proper care, it will give you years of service, but you must take care of your teeth, your tissue, and your partial. Finally, you must eat proper foods. Here are a few simple and easy to follow comments and directions that will be of use to you.

- **Remove your partial after every meal**
 - Clean your teeth.
 - Clean your tissue.
 - Clean your partial. Use the special brush given to you. You may brush your partial with water or toothpaste.
 - Hold the partial carefully. If it falls on a hard surface it might bend or break.
 - If food is allowed to collect under the frame, the tissue will become inflamed.
- **Nighttime care**
 - Remove your partial and clean it. Place it in a container of water overnight.
 - Clean your teeth and your tissue.
 - Your teeth will move a little bit overnight; therefore, the partial may feel a little tight when you insert it each morning.
 - You may wear your partial at night, but if you do so be sure you follow the above hygiene procedure before inserting it and going to bed.
- **Eating**
 - Certain foods will become entangled in the frame. This cannot be avoided. You will simply have to remove the partial after eating, clean your mouth, then replace the partial.
 - You should avoid eating ice, hard candy, and similar hard food.
- **Adjustments**
 - The clasps may have to be adjusted. Some patients like them tight, some like them loose. Be careful. Small partials may come out during eating.
 - The bite may need adjusting.
 - You may have sore spots that may have to be adjusted. If your tissue becomes sore, call for an appointment and we will make suitable adjustments for you.
 - Adjustments are made with no charge for 30 days from this date. After that time, an office visit charge will be made.
- **Reline & Repairs**
 - The partial frame will not change, but your bone level will change with wear and time; therefore, a reline may be required in six months, or later. There will be a charge for any relines required.
 - Like steel, the partial frame, teeth, and acrylic can break under heavy pressure. Fractures can be repaired, but there will be a charge.

- **Miscellaneous**

- Place your partial in your mouth with your fingers. Do not bite it into place.
- Your partial will feel strange to your tongue and cheeks. You will become accustomed to this after wearing your partial for a few days, but like a prosthetic arm or leg, it will require a degree of acceptance on your part.
- If you leave your partial out of your mouth for even a few days, your teeth will move and your partial may not fit; therefore you should wear your partial for a least an hour every day.
- Your teeth and partial should be examined in not over six months.